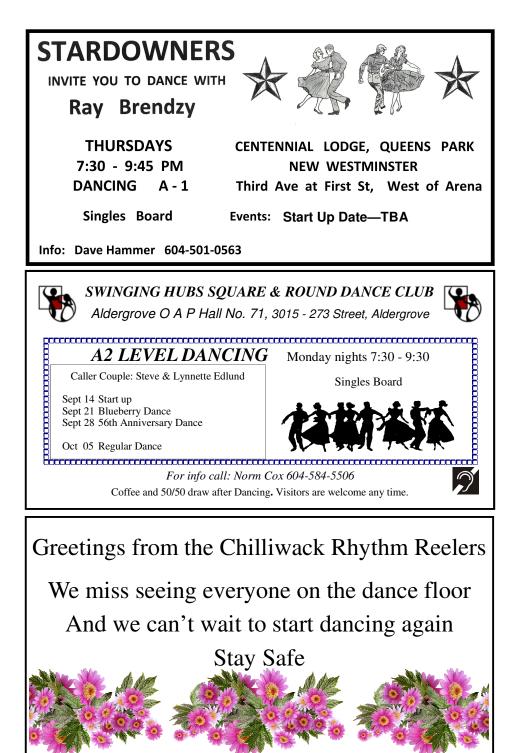


June/July 2020

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It's time to start to develop details inside.





## The Valley Circle

OFFICIAL PUBLICATION OF THE FRASER VALLEY SQUARE & ROUND DANCE ASSOCIATION ISSN 1703-0293

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Volume 61, No. 1B Fraser Valley web site: region2.squaredance.bc.ca



"This tweet's for you!" Get instant news and information by Internet about the latest happenings in B.C.'s Dance Community in short messages called "tweets." Visit: www.twitter.com/bcfeddancenews

## VALLEY CIRCLE DEADLINES

<b>CLUB CHATTER</b> To Sandi Poje	ADS To Frank McNeil	<b>NEWS/ARTICLES</b> To Blair Wallace
September issue	e due Aug., 1st, October is	ssue due Sept. 1st
November issue	due Oct. 1st, December i	ssue due Nov. 1st
January issue	due Dec. 1st, February iss	ue due Jan. 1st
March issue due	e Feb. 1st, April/May issu	e due March 1st,
June	/July/August issue due Ma	ay 1st

#### VALLEY CIRCLE ADVERTISING RATES All Prices shown are on a Per Issue Basis

1/4 PageFVSRDA Member Clubs, FVSRDA Club Members, VDCTA & VDCTA Members\$11.50 Non FVSRDA Member Clubs & All Other Individuals\$13.80 Commercial\$17.25
1/3 PageFVSRDA Member Clubs, FVSRDA Club Members, VDCTA & VDCTA Members \$14.95 Non FVSRDA Member Clubs & All Other Individuals\$19.55 Commercial
1/2 PageFVSRDA Member Clubs, FVSRDA Club Members, VDCTA & VDCTA Members\$23.00 Non FVSRDA Member Clubs & All Other Individuals\$26.45 Commercial\$32.20
Full PageFVSRDA Member Clubs, FVSRDA Club Members, VDCTA & VDCTA Members \$40.25 Non FVSRDA Member Clubs & All Other Individuals
StripAll Categories \$ 8.00
All advertisements and articles are to be submitted "Camera Ready" in printed or digital form. Advertisements and articles submitted digitally can be .doc, .pub, .tif, .jpg, .gif or .cdr at a recommended resolution of 300 dpi. Special art work or photography rates available on request. <b>Make all cheques payable to the Fraser Valley Square &amp; Round Dance Association.</b> Advertising deadline is listed on Page 4 of every issue.
Finished ("Camera Ready") sizes for advertisements are as follows: /4 Page - 4 7/8" x 1 7/8" (125 mm x 48 mm) 1/2 Page - 4 7/8" x 3 7/8" (125 mm x 98 mm)

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 1/3 Page
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 Full Page
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 (125 mm x 3/4"
 (125 mm x 20 mm)
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 - 4 7/8" x 2 1/2"



Valley Circle Online: region2.squaredance.bc.ca Check out the Site and the links to Club Sites



#### Canada Stay Safe & Self-Isolate

Big "High Five" to our Canadian Health Workers, Police & Firefighters



#### Jan. 14/21 SRI LANKA

#### Join Ron's Return to Sri Lanka

Formerly Ceylon, Diverse landscapes, Beautiful Beaches, Known for Spices & Tea Plantations, 2,000 years of History Buddhist Ruins, Sea Turtles, Blue Whale Watching, Wild Asian Elephants, Tea Tasting, Cultural Show, Very Inclusive Guide and Driver Gratuities Included

#### Jan. 27/21 INDIA

#### **Colourful, Warm, Exotic**

Bombay/Mumbai, Golden Triangle (New Delhi, Varanasi, Agra) Tai Mahal, Jaipur, Udaipur, Very Inclusive Plus a few Surprises enroute, Amazing Culture & History Tour, Cultural Shows, Famous Lunchbox Delivery service Elephanta Caves Island, Gandhi Museum, Ganges Boat Ride, Farwell Lunch, Guide/Driver Gratuities Included

#### Feb. 09/21 NEPAL

#### In the lap of the Himalayas

Kathmandu Sightseeing, UNESCO Heritage Sites, Pokhara, Scenic Boat Ride on Phewa Lake, Chitwan Jungle Safari Royal Chitwan National Park, Asian Elephants, Dugout Canoe Ride, Nepalese Dinner, Cultural Show & more.

#### May 13/21 SOUTH AFRICA & VICTORIA FALL South African Escape

Cape Town, City Tour, Table Mountain, Full Day Cape Peninsula Tour incl Cape of Good Hope, African Penguins Kirstenbosch Gardens, Nelson Mandela Prison on Robben Island Tour, South African Winelands Tour & Tasting Franschhoek Wine Tram, Kruger National Park Wild Game Safaris, Mac Mac Falls, Pinnacle Rock, Gods Window Full Day Soweto Tour, Stunning Victoria Falls, Zambezi Explorer Sunset Cruise, Wonderful Farwell Boma Dinner

#### June 01/21 KENYA

#### Wildlife as it Should Be

Join Ron see the wonders of an Africa Safari incl: The Big 5: Lions, Leopards, Cape Buffalos, Rhinos & Elephants Visit the orphaned elephants at the renowned David Sheldrick Wildlife Trust, Delve into Massai culture during a village visit. Set out on safari in Wildlife Conservancies / National Game Parks known for their high concentrations of African megafauna. Very Inclusive Safari with Top Notch Lodges, Guide & Driver Gratuities Inc.

#### Oct. 04/21 KENYA & TANZANIA

#### **Experience the Wild & Free**

Enjoy Safaris in Six Famous Game Parks: Serengeti & Masai Mara, Amboseli with views of Mount Kilimanjaro Ngorongoro Crater, Lake Manyara, Lake Victoria offering you the best wildlife experience. Amazing Photographs Very Inclusive, Top Notch Lodges, Guides & Meals, Big Five Game Safaris, Guide and Driver Gratuities Included

#### Oct. 21/21 EGYPT Limited Space on this Safari

#### **Timeless History**

Giza Pyramids, the Great Sphinx, Golden Mask of King Tut, Nile River Cruise from Luxor to Aswan, visit Bedouins Luxor & Aswan Temples, Red Sea Sharm el Shekh, Edfu, Kom Ombo, famous Valley of the Kings, Tomb of King Tut Egyptian UNESCO World Sites, Farewell Lunch in a Historical venue, Very Inclusive Tour, Guide/Driver Gratuities Inc.

#### Nov. 10/21 PERU

#### Land of the Incas

Step back in time amid the Inca temples of Machu Picchu, Lima, Amazon Jungle, Cusco - city in the Peruvian Andes Sacred Valley of the Incas, Floating Islands of Lake Titicaca, Guided Visit to Famous "Frozen Ice Maiden Museum" Spectacular train ride brings us high into the Andean peaks to amazing Machu Picchu for a full day of exploration in this lost citadel of the Inca. Get immersed in the swirl of colors & crafts at a village market. Enjoy Peruvian Culture UNESCO World Sites, Warm Friendly People, Very Inclusive Tour, No Optional Tours, Guide/Driver Gratuities Inc.

#### Call or Email for details on All of our Amazing Tours

TravelWithRon.ca ron@travelwithron.ca Concepts Call for Details: 604.575.7788 / 1.800.946.0091

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Travel

BC REG 3404



## FRASER VALLEY SQUARE AND ROUND DANCE ASSOCIATION

Here it is the middle of summer, and it seems like such a long time since we've been able to get together and dance. Thanks to programs like "Skype" and "Zoom" we have had a chance to have some meetings. We believe that the Promotion Committee and the BC Square Dance Federation have successfully been able to have video meetings, and the Fraser Valley Association is preparing for that as well. In fact, the FVS&RDA held their recent executive meeting via Zoom on Saturday, June 20<sup>th</sup> and will be holding their AGM via Zoom on Sunday, July 5<sup>th</sup> (1 PM).

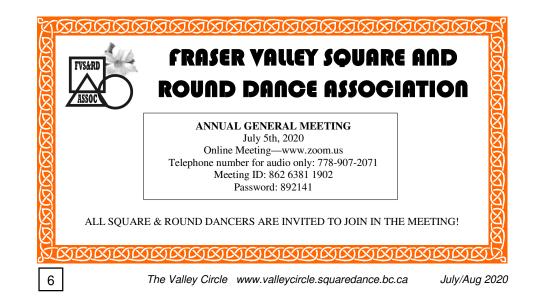
President's Message

This is being written at the end of May, so within the next few months some things may be back to a new normal. However, square dancing will likely have to proceed with caution before club dances, special dances, and social events can take place. It will take some time before we can all safely gather in a square of eight people, in a hall with several squares, and safely exercise, especially with our need to touch hands, swing other people, applaud, and express our enjoyment with sounds of enthusiasm.

In Aldergrove a hall that hosts a square dance club, the Guys N Gals, has a new sign on its perimeter fence, advertising that square dancing is conducted there. Please drive by, if you have a chance, and look it over. It is part of the Promotion Committee's work to make people more aware of our recreation.

In the meantime, every one please stay safe, and give your friends a call to keep us all communicating. And remember, "this too shall pass". We send you all virtual hugs and yellow rocks, and keep looking to a future time when we will get worn out from all the square dancing coming our way.

Jean and Alex Galbraith President Couple



#### FRASER VALLEY SQUARE & ROUND DANCE ASSOCIATION EXECUTIVE

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S	croll of Honour Committee
	riscoll Award Committee
D	riseon rivard committee

#### Promotion Committee 2019-2020

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Frank McNeil	l	604 340-	4109	fmcne	il@shaw.ca
Peter & Nanc	y Slinn	604-525	-4347	nancy	.slinn@telus.net

## THE FOUR SCORE AND MORE CLUB!

This is a club that is reserved only for qualifying candidates.

To qualify you must be an active square and / or round dancer who eighty years or older and a member of the BCS&RD Federation and the FVS&RDA

Badges and name bar for this club are available free of charge

from Sandi Poje e-mail <u>spoje@ymails.com</u> or phone 604-459-3220

A name bar will be attached to the Four Score and More Badge, but in order to receive the badges you must add the correct spelling of the name you wish to have on the badge and the complete birth date to qualify to receive the badge and name bar.

Compliments of the BC Square and Round Dance Federation and the Fraser Valley Square and Round Dance Association

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## **Editorial Policy and Submission Instructions**

**Club Chatters** are to be forwarded email to spoje@ymail.com, by mail or dropped off c/o Sandi Poje, 11—19452 Fraser Way, Pitt Meadows, BC V3Y 0A3.

Advertisements can be sent by e-mail to valleycircle@squaredance.bc.ca, by mail to Valley Circle, c/o Frank McNeil, 19—12165—75 Ave., Surrey, B.C. V3W 0W7

Articles (except for Club Chatter) and Letters to the Editor are to be forwarded by email to valleycircle@shaw.ca, or by mail to The Valley Circle c/o Dr. J. Blair Wallace, 18644—80th Avenue Surrey BC V4N 4J1.

Please insure that all submissions are sent to the correct addresses. The Valley Circle Staff cannot be held responsible for the loss or non-publishing of submissions sent to the wrong address.

Please insure that the publication deadlines listed on page 4 are met. Maximum suggested length of letters is 200 words. All submissions must include the name of the author and their address, telephone number and club name. Submissions may be edited for length and clarity. Only submissions directly related to Square, Round, Contra Dancing and Clogging will be considered for publication.

The Valley Circle is produced on a computer. For this reason, all advertisements and articles received 'on paper' will be either re-typed or digitally scanned, depending on the length and complexity, prior to incorporation into the Valley Circle. We encourage everyone to submit in digital form to insure that your advertisements and articles are accurately reproduced. If you have any questions, please call or email us. Our contact information is listed on page 3.

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# Jour n' Country Dancein

Modern Square and Round Dance Club http://www.mapleridge.squeredence.bc.ca John Corrigan: Teacher/Caller Cheryl Mume: Cuer President: John Connolly marg 1921@shaw.ca Wagon Master Rosalie Passnore rpassmore@stelus.net Mondays: Mus and Rounds

Maple Ridge Seniors Activity Centre 12150 224th St. Maple Ridge **Fitt Meadows** 7:00 - 7:30 Round Dance Review & Teach 7:30 - 8:00 Flus Teach 8:00-9:30 Full Plus and Rounds Fridays: Beginner/Mainaheam 7:00-9:00 Pitt Meadows Community Church Society Hall 12109 Harris Road

FIRE AMAGAMANYS

## **Coming Events**

If restrictions are lifted then dancing will resume as follows:

Sept: 2020

Sept. 11 Beginner/Mainstream begins. Sept. 14 Plus begins.

Oct: 2020

Oct. 12 Dark Thanksgiving Oct. 26 Plus Halloween Themed Dance Oct. 30. Begin/Mainstream Halloween Themed Dance

If you are going to hoard: make it kindness!





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N



From Valley Circle June/July/August 2000

#### Speech written for Abbotsford "Grand" Squares Feb. 14 as Frank received his 50-yr. Pin Received and submitted for Valley Circle by Tanye H. Chalmers

I was asked to write the history highlights of my square dancing experiences for Feb. 14, 2000 when I will be honoured with a belated 25-year dangle and a 50-year pin for year 2000. I have danced with many callers, clubs and many good friends. It is sad to say that some are no longer with us.

My first introduction to modern square dancing was in the summer of 1950 with Marnie Summers calling in Stanley Park. Dancing indoors was at 37th Ave. near Main St. in Vancouver.

I danced with her her group for number of years and always took in Stanley Park in the summer. I also danced with Swingem Ginghams for few years. Many dancers from that group learned to call. One that comes to mind was Pete Prentice.

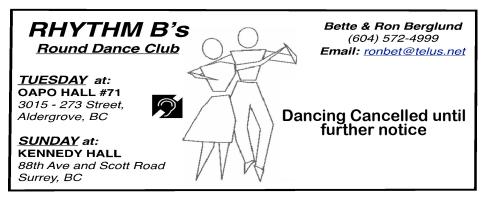
I had a few years dancing to John Winton in Kerrisdale with live music, which was most enjoyable. I recall there was a place on Broadway West - to us square dancers it was what we called the Hayloft on Blenheim St. (or close) Can't think of the Caller's name.

In 1960 I slowed down to square dancing twice or so a month. Very rarely did I ever miss Stanley Park and always went to Penticton Square Dance Jamboree in the summer. The main reason for slowing down was I was playing in a band for a Hawaiian group for at least 3 years and was quite busy.

1968 Frank Navratil and Armand Genest gave me a surprise phone call and asked if I would help organize a Singles' club. After many meetings nine of us came up with a name--"The Swinging Singles of B. C." Our first dance was Jan. 18th, 1969 with Chuck Jordan calling at the Nootka School on Renfrew St., Vancouver. It was cold with lots of snow. To our amazement we had 17 squares dancing. At the end of the 2nd year our membership went down, due to poor facilities which resulted in some financial problems.

We then moved from Renfrew Centre to Capital Hill Hall, North Burnaby. I was elected President in 3rd year. With Chuck Jordan calling, the help of Duke Beaton, the caller from the Tenderfoots Club in Surrey, and a good group of new dancers, we managed very well and never looked back. Ken Crisp was one of our first year dancers, and Sally was one of our third year dancers.

At that time I had a summer home with two and a half acres and swimming pool in Maple Ridge. Every summer, the 1st year on, I would invite all the Past and Present executives and callers for a bar BQ. In 6 years time it became a large, fun time (*Continued on page 11*)



#### (Continued from page 10)

gathering. All good things come to an end at some point in time, as did this. However, I ended up living in Maple Ridge and did keep in touch and visited and danced with the Swinging Singles.

In Feb. 1975 I had opportunity to go to Hawaii to a Square Dance Convention with a caller from Yorkton, SK., along with my brother, Ed, and wife Kathy. That was a 3 week wonderful, memorable time. I eventually joined the Maple Ridge Town "n" Country Swingers and was elected President when Henry Rivard was their caller. Many times I visited the Mission Star Thur's with Bill Crosby calling. Had one year of round dancing in Mission with Tom Schalkz. Had a few visits to C-Squares with Jim McPherson calling. He woundered if I could get a band together to play live music for square dancing. Four of us from the Haney Old Time Fiddlers tried out and called our band the Swingarous. After many practice sessions, with Jim, we did play faor the C-Squares on their Golden Spike Day. It was a very big success! We also played for Brian Murdoch in North Vancouver. After a sad misfortune of losing our very good guitar player to cancer, and not being able to find another at that time, we had to disband. Otherwise we would have kept happily playing for Jim McPherson.

I danced one year with Swinging Hubs in Matsqui with Al Berry and Steve Edlund as callers. Kept on dancing with Town 'N Country Swingers with Al Maertz calling, and I kept up visiting the Swinging Singles, quite often, to keep in touch.

In January 1985 I was taken ill with a virus. It was called Guillain Barre syndrome, which destroys all the coating around the nerves and nothing functions. Needing complete full life support, I was in the Royal Columbian Hospital until the end of May. I then went from a wheelchair to canes. By September, with determination and perseverance, I became stable on my feet and before the end of that year I was back dancing.

1987 I moved to Langley and, to my dismay, lost the package with all my badges, name tags, rosters, etc. I had, through the years, faithfully saved all my square dance items and to this day have never found them.

For the next number of years, went back to visiting and dancing with the Swinging Singles.

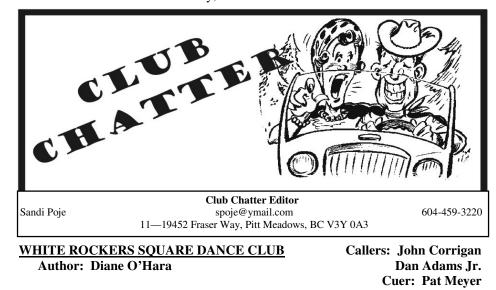
In the meantime, Ken Crisp kept inviting me to Abbotsford "Grand " Squares. One Thursday on my way home from Mission I dropped in just to say hello and a possible coffee.I was needed to fill a square, even though I was not dressed for it. I was asked to come back, and I did, as I was taken with the 'Welcome with open arms policy' by the (Continued on page 12)

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#### (Continued from page 11)

very friendly members and also the fun level of dancing. I kept visiting them and in 1999 joined the club. Thank you to the members of the' Grand' Squares for having me.

In closing I'd like to take this opportunity to thank all the dancer friends, callers, and clubs for the enjoyment and friendship they have given me for all these fifty years. Sincerely, Frank Fissel



White Rockers have been trying to follow the health advice given but were finding it hard to stay indoors when the weather began looking great and warm. A few were able to hit the golf courses, walk the beach promenade or just start the yard work spring -summer brings. For the most part everyone has stayed healthy but those not well are wished the best and speedy recovery.

As we hopefully get a little more secure with leaving our homes we again think about WHAT this new norm will be like for Square Dancing. Social distancing is not an easy task for us as it is very important to be closer than 2 metres between others. Possibly this is a NEW challenge for Callers to consider HOW to continue within the guidelines health is insisting we follow.

The White Rockers are awaiting the all clear sign to complete securing a new facility for our New Season. Both the new hall and vacating the old are still up in the air until health changes. We will keep everyone informed as events change. evammath@gmail.com

#### **GUYS 'N' GALS SQUARE DANCE CLUB**

Author: Dee de Koning

Caller/Cuer Teacher: Tyler Wagner

How exciting to greet the sunny month of July, the prime vacation month with the warmest weather of the year. It's a time for refreshments by the pool, and long relaxing days in the sun.

(Continued on page 13)



#### (Continued from page 12)

A time when *Guys 'n' Gals* usually looks forward to Sunday afternoon dancing at Abbotsford Grand Squares. But alas! ...due to the pandemic, many of our much loved events are cancelled for the summer of 2020.

It is impossible to predict the next phase of covid-19, but whether it is a positive outcome or not, it's a time to count our blessings. The wellbeing we experience, is unfortunately not shared by everyone, and hardly reaches the far corners of the planet. We're all in the same storm, but not necessarily in the same boat.

The beautiful month of August, with the leaves preparing to fall, reminds us of our gradual au revoir to summer, and our eagerly awaited iridescent colours of autumn. Shorter daylight hours, and the early morning walks in the woods, are literally a breath of fresh air.

I'm sure we can agree that we miss our square dancing and round dancing, but more importantly the friendly comradery of our square dance buddies and the weekly social gatherings that hopefully will resume sooner than later. Watching videos of square dancing online is exciting, temporarily, but we'll keep our dancing shoes hopped up, and ready for the opportunity to boogie once again to the rhythm of the caller's music. Hang in there Folks ... Keep safe and healthy, in body, mind and spirit.

A big congratulations to Heather Reynolds of Abbotsford Grand Squares, and husband Lukas, on their beautiful baby boy, born on April 3, 2020. So excited for both of you! Hopefully we'll get to meet this little guy in the very near future.

#### Inspirational quote of the day:

"Try to be a rainbow in someone else's cloud" Maya Angelou

#### **SWINGING HUBS SQUARE & ROUND DANCE CLUB**

Author: Norm CoxCaller and Cuer Couple: Steve & Lynnette EdlundPresident: Norm and Mary Cox

Our Club's last night of dancing was February 24 - a long time ago, so what is there to chatter about.

Our Dolly (Harding) has retired from being our Club Chatter Editor.

Dolly, Barb, Mary and Gord have all recovered from their health issues and we hope everyone is following the BC doctor recommendations and staying healthy.

Time will only tell as to when we may get to dancing again and as Blair pointed out in the last issue it could look very different. Caller Lab needs to come up with some new moves with No Hands Touching. We certainly miss all the good things that square dancing brought us each night - Will It Ever Come Back?

The Key Word these days is Zoom - Well we all know how to zoom on the dance floor - "No Hands".

Swinging Hubs will celebrate 56 years of dancing in September 2020 but I don't think we will be dancing. Maybe by Christmas or the New Year. Square Dancers are all just One Big Family so Let's Keep In Touch by Phone Calls, E-Mails, and Zoom.

This Summer STAY HOME, SMELL THE ROSES AND STAY SAFE. The Longest Word in the dictionary is SMILES - there is a mile between the S's.

(Continued on page 14)



## Caller/Cuer Couple: Ray & Christine Brendzy

Author: Dave Hammer

(Continued from page 13) STARDOWNERS

Since mid-March most facilities have been closed to prevent further spread of the deadly COVID-19 virus. After eight weeks of shutdowns, in mid-May the Provincial medical authorities have given permission for some facilities to open; but, not recreation facilities. Since mid-March therefore no clubs have been dancing.

The Stardowners members wish all their friends and visitors a safe summer and to keep practicing safe protocols so that we can all get back to our favourite sport - dancing; hopefully, by September albeit with some new safety precautions.

Several possible suggestions for those protocols can be found in Dr. J. B. Wallace's article in the May/June 2020 Valley Circle.

#### **Coming events:**

The Stardowners' **annual picnic** for **Saturday**, **July 11<sup>th</sup>**, has been **cancelled**, No other club events are planned until startup Thursday, September 10<sup>th</sup> (hopefully)

#### **ABBOTSFORD 'GRAND' SQUARES**

 Author: Tanye Heath
 Caller/Cuer/Teacher: Heather Reynolds

 Honourary Lifetime Caller Couple: Ken & Sally Crisp

#### FOR SQUARE DANCERS EVERYWHERE

Ain't this the pits (without the fruit), I'm sick of chores, don't give a hoot! I dream of square dancing throughout the day, I wish this virus would go away.

Don't lose that thought of dancing cheer, Of joy and music and friends so dear, The hugs, the laughs and fun we had, To lose it all would be so sad.

Now is the time to tell your friends, Who long for change, when this shall end? Don't give up hope 'together we'll be,' When this settles down and we're virus free.

Change is good, our lessons learned, A second chance we will have earned, So dancing friends, keep thoughts so strong, You will come back where you belong.

.....On the dance floor!

On a confinement positive note: Heather, Lukas and baby Henry have extra time (Continued on page 15)

## **GUYS 'n' GALS**

Beginner, Mainstream, Plus with easy Rounds



**Dancing Cancelled until further notice** 

Tyler

Members \$6, V1sitors \$/

If you are looking for Sunday afternoon dancing in Region2, we've got you covered

**\*\*NEW DANCERS,\*\*REVIEW DANCERS\*\*RETURNING DANCERS\*\*** 

Caller / Teacher: Tyler Wagner 604-817-9350

(Continued from page 14)

together. How special for all three. Heather, our exceptional caller, is probably crooning square dance calls to her baby son, Henry, (who, we hope, will be an up and coming Caller to follow in mom's square dance footsteps)

Thought for the day: Act as if what you do makes a difference. It does.

#### **<u>CENTURY HOUSE SQUARES</u>** Author: Lorna Darby

#### Caller/Cuer Couples: Ken & Sally Crisp Chuck & Marguerite Jordan

This for sure is a different summer for all, may we all continue to be safe and calm. What have we been doing to keep busy within our confines? Well a whole assortment of activities!!

Some have family within the home, some are in a senior facility and being served meals in their room.

Some have gardens to tend to whether in a yard or an herb garden in a sunny window.

I am so grateful for the ordinary phone -- keeping in touch with one another is such a benefit for all.

Our super caller Chuck has been doing line dancing in his community (safe distancing)

One of our seniors had a pacemaker replacement through this time.

Fred even had a day in emergency to have some lab work etc. updated.

The Century House Senior Center has continued to offer meals, just phone ahead and put in your order for the daily special.

Fred and I were able to enjoy the lunch to go then just walked next door to Moody Park for a picnic.

Stay positive everyone we will be together in time, a mask isn't that bad.

To our beginners who were going to graduate this season, let's do it next year!!

(Continued on page 16)



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\*email photos and event dates to <u>surreysquarewheelerspictures@gmail.com</u>

Hello Club Members! I know I speak for everyone when I say I sure do miss you! I have heard that a few of you have been having social distancing get togethers. Wheather that is in a lawn chair in the driveway or dinner via web cam, I am so glad we are still able to keep in touch.

I understand that Roger Morrow has been singing at small meet ups with Club members now and then to keep his voice ready for when the next season starts up again. Let's hope that is September!

I do not have much in the way of 'Club Chatter' to share this issue but I reached out to the executive and volunteers to see if anyone had some words or news that they wanted to send out to you all.

#### Jerry Lamont:

"I hope everyone is staying well and I am hoping we can all get together in the fall, even if it's just for a picnic with social distancing happening. We want to keep in touch with our great dance community. Take care."

#### **Roianne Evans:**

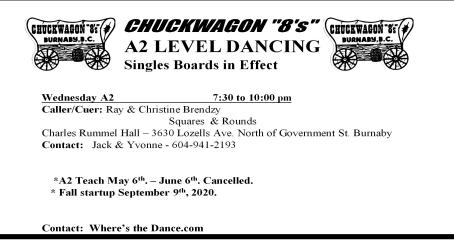
Bonnie Hartup and I are working on Club memoirs for our 60<sup>th</sup> anniversary in 2020. If you have any photos or documents please contact one of them to share it.

#### **Bonnie Hartup:**

Jerry and Marlene, Irene and Dave Wright and Keith and Bonnie have been overseeing a new floor being installed in the Brookswood lounge, the side room and the stairs going to the basement. It's been a big job because the floor needed levelling and the stairs needed to be partially rebuilt.

That is about all we have for the summer edition of the Club Chatter.

Please remember that we have the Facebook Page for interacting with members as well as email and phone. Keep in touch. Visit within current regulations. Square dancing was and is not just about dancing. It is social and that is very important to *(Continued on page 17)* 



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health. Reach out to one another. Maybe even turn on a tune and dance! Stay well everyone!

## CHUCKWAGON 8'S

Caller/ Cuer Couple: Ray & Christine Brendzy

Author: Vicki Townson

mer/ Cuer Couple: Ray & Christine Brenuz

Hello fellow dancers, isolation is our fate The Covid-19 virus keeps us at home of late We cannot hug our children or greet or hug our mates We must heed Bonny Henry until this curse abates So hang in there until the day that we can dance again We'll all be there with bells on in sunshine or in rain Everyone I spoke to had no news or crystal ball So I doubt that we'll be dancing in the fall So keep on isolating and always keep in touch Until we can participate in squares and rounds we love so much.

#### VALLEY PROMENADERS Author: Wendy

#### Caller/Cuer/Instructor: Wendy Krueger

The Valley Promenaders will dance rounds again at Yarrow Community School on Wednesdays from 7 to 9 PM **someday**. On Thursdays **someday** at the OAP Hall in Aldergrove, we will dance rounds at 12:00 noon and then square dance from 1:15 to 3:00 PM. I can hardly wait!!

I ended my last chatter with these words: Even during this time of crisis, please love deeply, laugh long and loud, and celebrate life in some way every day.

Part of my celebration of square dancing during this COVID-19 layoff has been to work with the Promotion Committee on getting signs made and installed at our square and round dance venues, wherever possible. We dance at 17 locations. Two of them have signs as I write this, and two more will have signs before this gets published. *(Continued on page 18)* 





#### (Continued from page 17)

Hooray for everyone who contributed to these four success stories.

I called and had a telephone visit with Violet Horne a couple of weeks ago. She is still in a lot of pain from a fall in February, and waiting for a specialist and surgery. I am sure she'd love to hear from her square dance friends. Some of you know her very well from dancing together a long time.

We are only being honest when we say we have gotten tired of these restrictions, but better tired of staying safe than getting ill with this virus. There are safe and worthwhile amusements to be enjoyed, so please choose wisely. Have a look at what Bob and Dorothy and friends have been up to over in Nanaimo! You will notice that the dancers are all staying in their own squares no close contact all safe.....

https://www.youtube.com/watch?v=9mPu8bwsphU&feature=youtu.be

Thanks are due in Region 2 to David McVige and Betty Langtry who are serving you in the capacity of Directors at Large. They are your liaisons to the BCS&RD Federation. Please keep them informed of all your club doings. Plus, as a bonus added opportunity, you can join them in reviewing the newly drafted REVISED Federation Bylaws that will be presented for the membership's approval at the next AGM. You can contact them or me, Acting Secretary of the Federation, for the document. Feedback deadline is August 31.

It's so sad that I can't announce a start-up date for September. Wait and see, that's all we can do for now.

## SWINGING SINGLES and COUPLES of BC SQUARE DANCE CLUB

#### Author: Pat Gerbrandt Caller/Cuer Couple: Brent & Therese Mawdsley Callers & Cuers: Nicholas and Caitlyn Brendzy

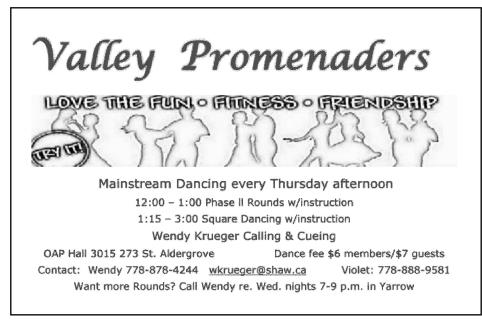
Looking for some positivity during this Global health war!

Unfortunately, the best activity for us continues to be out of reach. Square and round dancing, our social form of exercising, remains on hold and the fact that we have no idea when we will be able to resume dancing, leaves us still!

The good news is we are seeing non-essential services opening up and makes me think it's possible round dancing could be back in the not too distant future. Hopefully square dancing will follow shortly thereafter.

Stay as active as possible so we'll be in shape for when our day comes to be back on (Continued on page 19)





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the dance floor.

This has been quite a difficult year to date. We're looking forward to all square and round dance clubs, with their multi levels of dancing, to be back up and running soon.

In the meantime, we hope you are all continuing with the prescribed procedures to maintain good health, both physical and mental. As health officials keep an eye on our behaviors, through the many gatherings at this time, we are all keeping our fingers crossed and doing our best to avoid another expected outbreak of this virus.



During these difficult times we must be prudent in our daily activities. Until we meet again....

"All Clubs Welcome"



## Summary of "A Plan to A Plan to Get Back to Dancing Safely in BC Under COVID-19"

by the FVS&RDA COVID-19 Return to Dance Committee - July 4, 2020

To determine when and how square and round dancing can resume in BC, the FVS&RDA has formed a COVID-19 Return to Dance Committee headed by Dr. Blair Wallace (who develops workplace health and safety plans professionally, including those for COVID-19) with dancer and caller representatives from the Fraser Valley, Lower Vancouver Island, and the BC Square and Round Dance Federation (BCSRDF).

The committee has:

- examined the relevant current BC provincial health orders, guidelines, and phased re-opening plan;
- considered how our square and round dancing activities would have to be modified and the actions we must take to comply with these; and
- produced the document ("A Plan to A Plan to Get Back to Dancing Safely in BC Under COVID-19") which explains the issues, and how we can address them, to return to dancing safely, and in compliance with BC provincial health orders and guidelines, and the Canadian Square & Round Dance Society (CSRDS) Third Party Liability Insurance.

Some key questions you may have that are addressed in this document are listed below. Please read the full document for further details and explanations.

How can we return to dancing? - A COVID-19 Safety Plan is Needed - Each dance event must have a thorough, written, safety plan (specific to the club's or event organizer's operations and the dance venue) which must be understood and followed by the participants (just like all businesses in BC). DO NOT DANCE WITHOUT A SAFETY PLAN or you could expose participants to increased risk of catching the virus, contravene public heath requirements, and void liability insurance. You can develop a plan with the assistance of this document and the committee which will be pleased to help you.

What will dancing look like under the current requirements? – We must follow all public health protocols (like you may see at the grocery store, other businesses, or your workplace) including stay home if you feel sick; maintain 2m of "social distance" from others, or wear a non-medical face mask when that is not possible; wash your hands regularly; don't touch your face; and disinfect surfaces regularly. All square and round dancers must wear a non-medical mask while dancing and anytime they cannot stay 2m apart from others. No shared food and beverages can be permitted. Currently, up to 50 people can gather for an event while following all COVID-19 safety requirements (as detailed in your plan) but closer social interactions with people outside our "bubble" is

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limited to small groups of 2 to 6 people. Therefore, under the current restrictions, we cannot dance together in squares of 8 people. However, we could square dance in groups of two couples (4 people) with choreography modifications, and round dance. Each small square dance group of two couples, and round dance pairs, would need to dance together exclusively for the duration of the event with no mixing with other small groups. It is hoped that the number of people we can interact with outside our "bubble" will expand gradually over time to enable us to square dance in groups of 8 or more.

When can or should we restart dancing? - Each person will have to decide if the potential health risk, and required precautions they would have to accept, are worth the benefits they feel they receive from social dancing. Reviewing this document and the eventual specific COVID-19 Safety Plan will help them make an informed decision. The final phase of the BC government's Restart Plan could potentially be at least a year away and could still require modifications to our old familiar dance activities and require us to embrace the "new normal". Due to the planning and preparation required to develop a COVID-19 Safety Plan and implement it with dancers and halls, the committee does not expect clubs would be ready to dance again until January 2021.

What about insurance? – The CSRDS will maintain third party liability insurance for all currently registered dancers through the 2020/2021 dance season. This does not cover liability related to COVID-19, but we must continue to follow all laws and health regulations to maintain all other aspects of coverage. The BC government protects amateur sport organizations, their employees, and volunteers, from damages related to COVID-19 if all applicable guidance is followed, so the BCSRDF will contact the government to determine if this protection could be extended to dancing.

When should we start planning to return to dancing? – The committee believes we should start now by distributing this information as widely as possible to our dance community in BC so that all clubs know how they could restart safely and responsibly, and so that dancers are reassured there is a way to resume dancing and can participate in the process if they wish. Since preparations could take some time, it is prudent to start now, so we are ready to resume safely as the opportunity to develops. We can do this, so let's get to work and get back to dancing safely.



#### A Plan to A Plan to Get Back to Dancing Safely in BC Under COVID-19 by the FVS&RDA COVID-19 Return to Dance Committee July 4, 2020

#### 1. Introduction

Late in 2019 the world was rocked by the COVID-19 Pandemic. The virus that causes COVID-19 spread worldwide in its rampage and resulted in the nearly complete shutdown of activities of all types in all areas of the world. The leadership of Dr. Bonnie Henry, the BC Provincial Health Officer (PHO), has been clear and concise, and has made BC the envy of almost all jurisdictions around the world. This leadership is now moving us forward to a "reopening" of our province and our activities.

On June 20, the Fraser Valley Square and Round Dance Association (FVS&RDA) Executive established the "COVID-19 Return to Dance Committee" (the "committee"). The committee is headed by Dr. Blair Wallace and currently includes dancer and caller representatives from the FVS&RDA, the Lower Vancouver Island Western Square & Round Dance Association (LVIWSRDA), and the BC Square & Round Dance Federation (BCSRDA). Dr. Blair Wallace has extensive work experience in developing health and safety plans and is currently developing COVID-19 safety plans for his business clients operating around the world. We are very pleased to have his assistance with doing this for Square and Round Dancing in BC.

This document was produced by the committee and provides a great deal of information to help accurately inform all square and round dancers and leaders in BC of the actions that must be taken to return to dancing safely, and in compliance with BC provincial health orders and guidelines. The committee will provide guidance and assistance for clubs wishing to make their own COVID-19 Safety Plan to return to dancing and strongly advises dancers and clubs to ONLY resume dancing when they have a thorough COVID-19 Safety Plan in place.

#### 2. BC's Phased Restart Plan

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The BC reopening plan is detailed in a document called BC's Restart Plan. The document details the four "Phases" that we need to follow to reopen. Movement from one Phase to the next depends on everyone's adherence to the requirements of each of the Phases.

As of the date of this document, BC is in **Phase 3** of the reopening. Under Phase 3, more facilities, industries and institutions are allowed to re-open. The details are described on the BC government website which also provides the following guidelines for social interaction to keep yourself and others safe.

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If you are at greater risk (over the age of 60 or with underlying medical conditions), be informed of your risk, think through your risk tolerance and take extra precautions.

#### Inside Your Bubble

Your bubble includes members of your immediate household and can be carefully expanded to include others.

- *Try to limit the number of people in your bubble*
- Every time you add someone to your bubble, you are also connecting with everybody in their bubble
- Inside your bubble you can hug and kiss and do not need to wear a mask or stay 2 m apart
- *Remember, vigilant hand-washing and space* cleaning is still important
- If you are sick, self-isolate from people in your bubble as much as possible

#### **Outside Your Bubble**

In personal settings when you're seeing friends and family who aren't in your bubble: **Outside your bubble** 

- Only get together in small groups of 2 to 6 people •
- Keep 2 m of physical distance from those who are . outside your bubble and limit your time together
- Stay home and away from others if you have cold • or flu-like symptoms
- Take extra precautions for those at higher risk for ٠ serious illness from COVID-19, including older people and those with chronic health conditions

Phase 4 is currently described on the BC government website as follows:

In Phase 4, people can gather in large groups and international tourists will be welcomed to B.C. We can only move to this phase when national and international case numbers decline. This phase largely depends on how other jurisdictions respond to the pandemic and their impact.

Entering Phase 4 is conditional on at least one of three factors being met in B.C.

- Wide vaccination
- *Community immunity*
- Broad successful treatments

When at least one of the three factors are met, activities and venues that require large gatherings can operate: Conventions, Live audience professional sports, Concerts, International tourism

(Continued on page 24)









(Continued from page 23)

#### 3. When Should We Restart Dancing?

Many of us enjoy the physical exercise, fun, and social aspects of square and round dancing. Therefore, we assume that most people that currently square or round dance would like to resume dancing as soon as possible. However, due to the COVID-19 Pandemic, we will not (for the foreseeable future, if ever) be able to return to life as it was pre-COVID-19. This has become known as "the new normal".

Is has been suggested that we wait to plan a return to dancing until BC reaches Phase 4 of the Restart Plan. However, the Phase 4 requirements are a huge leap from the present restrictions so Phase 4 could potentially be at least a year away. Based on the way we moved from Phase 2 to Phase 3, it is likely that moving from Phase 3 to Phase 4 will also be gradual and the restrictions under Phase 3 could be eased over time.

Each person will have to decide if the potential health risk, and required precautions they would have to accept, are worth the benefits they feel they receive from social dancing. People's feelings towards the risks, inconvenience, and benefits may change over time and as other public and social activities restart. Therefore, peoples return to square and round dancing will likely be gradual. No one should be pressured, or feel pressure, to return to dancing as it is an important and personal decision.

Our dancers and clubs can only determine when (or if) they restart dancing, if they understand what the "new normal" might look like. A COVID-19 Safety Plan will help with this decision and this document and the committee will help clubs develop this.

(Continued on page 25)

#### (Continued from page 24)

The committee advises dancers and clubs that they can ONLY resume dancing when they have a thorough COVID-19 Safety Plan in place.

#### 4. How Can We Restart Dancing?

#### 4.1 Dancing is Possible Under Phase 3 with Restrictions

Currently, the PHO requires that no more than 50 people can gather for an event and suggests that we limit social interactions with people outside our "bubble" to small groups of 2 to 6 people.

Therefore, under the current Phase 3 restrictions, we cannot dance together in squares of 8 people.

However, we could square dance together in small groups of two couples (4 people); and for example, have up to 12, two couple groups (48 people), plus a caller & cuer (for a maximum of 50 people) present at a dance event.

And, we could round dance in couples of two people; and for example, have up to 24 couples (48 people), plus a cuer and partner (for a maximum of 50 people) present at a dance event.

For square dancing, the groups of two couples would need to dance together exclusively for the duration of the event.

For round dancing, the couples of two people would need to dance together exclusively for the duration of the event. If they are also square dancing, they would have to maintain the same partner for that as well.

All dancers would need to wear non-medical face masks as they would be within the 2 m social distancing requirement. Also, 2 m of social distance would be required between two couple square dance groups and two people round dance couples. Therefore, the total number of two couple and/or one couple groups allowed at an event would also be limited by the size and configuration of the dance hall.

Based on the expected gradual transition from BC's Phase 3 to Phase 4, the activities allowed and the size of social groups under Phase 3 may be expanded by the PHO. Therefore, we may be able to socialize with more people and dance with 8 people in a square before we reach Phase 4. However, there will be changes to square and round dancing under Phase 3 and possibly under Phase 4 restrictions.

#### 4.2 A COVID-19 Safety Plan is Needed

To restart any dancing activity, first we need to develop a plan known as a "COVID-19 Safety Plan" which must be:

- developed by each club, for every location where it dances, in concert with the hall, club members, callers and cuers;
- provided to the club members;
- posted at each club event; and
- adhered to by all club members (dancers) for all requirements of the plan.

While this might sound daunting, the committee is available to assist clubs to develop their plan. This document was developed by the committee as one of the steps



#### (Continued from page 25)

to develop COVID-19 Safety Plans that will get us back to dancing safely and meet government requirements.

We understand the requirements and how to meet them; and are fortunate to have people in our community that can help us. So, let's get started while we have time to be sure we get it right.

#### 5. The Basic Underpinning of a COVID-19 Safety Plan

SARS-CoV-2 is a virus that causes a disease called COVID-19. The virus is transmitted thru droplets that are released during breathing. Coughing, sneezing, exertion, singing and other factors increase the number of droplets that are released and the distance that the droplets are transmitted. The virus can survive on hard surfaces for short periods of time. The disease, COVID-19, occurs when the SARS-CoV-2 virus enters the respiratory system. Further details are available at http://www.bccdc.ca/health-info/diseases-conditions/covid-19/about-covid-19/how-it-spreads.

Studies show that people can emit the virus even if they do not have symptoms. So, even if we all feel well, there is a potential for the spread of the virus.

So, to reduce the spread of the virus we need to:

- Keep "socially distant" from others greater than 2 m;
- Regularly wash and disinfect your hands;
- Disinfect surfaces regularly;
- Don't touch your face.

While easily said, our activity does not lend itself to being "socially distant". How do we address this? We develop a plan that meets the requirements of the PHO and WorkSafeBC.

#### 6. The Fundamentals of a COVID-19 Safety Plan

When considering developing a COVID-19 Safety Plan we need to consider all aspects of our activity – from prior to entering the hall, through to leaving the hall – and everything that happens in between. Who is involved in the COVID-19 Safety Plan – EVERYONE! The hall owner, the club executive and all dancers are part of, and must adhere to, the plan. Don't panic at this – we are here to help, and we have a developed a structure to help and guidance to get all clubs a COVID-19 Safety Plan.

#### 7. How Can We Dance if We Need to be "Socially Distant"?

Remember that the reason we need to be "Socially Distant" is to reduce the potential for droplets containing the virus from being transferred between us. WorkSafeBC provides a hierarchy of safety considerations to aid us, as shown in the following diagram:

(Continued on page 27)

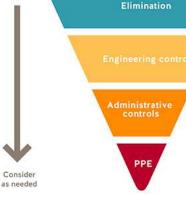


#### (Continued from page 26)

#### **First level protection**

(elimination): Limit the number of people in your workplace where possible by implementing work-fromhome arrangements, establishing occupancy limits, rescheduling work tasks, or other means. Rearrange work spaces to ensure that workers are at least 2 m (6 ft) from coworkers, customers, and members of the public.

#### Second level protection (engineering controls): If you can't always maintain physical distancing, install barriers such as plexiglass to separate people.



Third level protection (administrative controls): Establish rules and guidelines, such as cleaning protocols, telling workers to not share tools, or implementing one-way doors or walkways.

Consider

first

Fourth level protection (PPE): If the first three levels of protection aren't enough to control the risk, consider the use of non-medical masks. Be aware of the limitation of non-medical masks to protect the wearer from respiratory droplets. Ensure workers are using masks appropriately.

As shown in the diagram, the first level of protection from a safety risk is "Elimination". For COVID-19, elimination would include keeping sick people away, social distancing, etc. Where "Elimination" cannot be achieved or is impractical, "Engineering Solutions" can be implemented. These include Plexiglas barriers, etc. The hierarchy continues thru "Administrative Controls" or rules and guidelines, then to "Personal Protective Equipment" (PPE). BUT those activities in the hierarchy that can be achieved first must stay in place. For example, staying away when you are sick is required, even if additional protections are put into place. The purpose of adding additional levels of protection is ONLY to address the risks that cannot be addressed within the previous levels of the hierarchy.

We can develop a COVID-19 Safety Plan to meet the requirements under Phase 3 of BC's Restart Plan by using this hierarchy.

#### 8. Considerations for a COVID-19 Safety Plan

As mentioned previously, a COVID-19 Safety Plan starts before an evening of dancing starts, through to after an evening ends. It is assumed that dancing will occur within a hall (i.e. inside). Here is a summary of the considerations that must be included in a plan:

#### 8.1 Self-Evaluation and Reporting

• If you are SICK or don't feel well - STAY HOME!

(Continued on page 28)



(Continued from page 27)

- If anyone in your home does not feel well STAY HOME!
- If you feel ill at a dance
  - o Advise those you have been dancing with and the club executive that you are not feeling well, and
  - o Go home, and
  - o Seek medical advice.
- Anyone not feeling well must stay home and remain home until symptoms have not been present for 14 days.
- Anyone who has been dancing with the club, and had a COVID-19 test, must report POSITIVE results to the club. The club will be required to report POSITIVE test results to the COVID-19 Return to Dance Committee and provide Public Health officials with the contact tracing information.

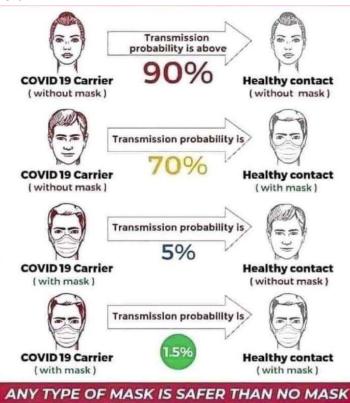
#### 8.2 Use of Masks

- Whenever we cannot maintain at least a 2m distance between us and others outside our "bubble", like when dancing or socializing with others, we will need to wear a non-medical mask. We do not need to wear medical masks or respirators.
- As shown in the diagram below, non-medical masks, do not do that much to prevent us from getting the virus from someone else; but they are effective for preventing us from inadvertently spreading our respiratory droplets that may carrier the virus to others. And, if everyone wears a non-medical mask, the probability of transmission is significantly reduced.
- Masks must be a minimum of two layers of cloth and can be disposal or washable, purchased or homemade
- Masks must be changed if soiled or wet
- More than one mask may be required during a dance
- Dancers must not touch their masks except to put it on and take it off
- Dancers must not touch their face while wearing a mask
- Hands must be washed before and after a mask is donned and removed
- To test a mask put the mask on and try to blow out a match or candle. If the candle or match flickers when you blow on it the mask is not adequate.

#### 8.3 Entering the Hall

- Dancers entering the hall must maintain 2 m spacing while waiting to enter the hall and register at the dance. Club to add marks or indicators on the floor to show spacing;
- ALL dancers must register and provide contact information (name, phone number, email address). The contact information must be kept confidential by the club and only be used for contact tracing in the event of a suspected outbreak. All information collected will need to be retained and would only be provided to the PHO in accordance with the BC Personal Information Protection Act, or as otherwise required by law or regulation;

(Continued from page 28)



Source: American Dental Association

How to wear a non-medical mask:

- 1 wash or sanitize your hands
- 2 inspect the mask, discard if damaged or dirty
- 3 cover bridge of nose to chin
- 4 adjust ear loops to close side gaps
- 5 pinch to close gaps around the nose
- 6 keep nose, mouth & chin covered

Safely take off your mask:

- 1 wash or sanitize your hands
- 2 remove mask by releasing ear loop
- 3 discard disposable masks or wash if

reusable

4 - wash or sanitize your hands

(Continued on page 30)

(Continued from page 29)

- A Plexiglas barrier or other means should be in place between the person attending the registration table and incoming dancers;
- The number of people present in cloak rooms should be limited to ensure social distancing is maintained;
- The number of people allowed at the dance cannot exceed the limits in place by the PHO.
- Social distancing must be maintained until dancers are wearing their masks.
- Clubs representatives at the desk or welcoming dancers must wear masks;
- Dance cards (if used) must be laminated and disinfected before distribution. The specific requirements of the types of disinfectants and disinfection techniques will be provided in the COVID-19 Safety Plan. Single use dance cards are also available.

#### 8.4 In the Hall

- Chairs and other seating must be positioned such that dancers can maintain social distancing while waiting for the dance to start and during pauses in dancing;
- The Club must liaise with the hall owner to ensure that all facilities are regularly cleaned and determine if the club or hall are responsible for cleaning before and after the dance;
- All Clubs must have cleaning supplies available for use. All hard surfaces must be routinely cleaned. At a minimum, hard surfaces must be cleaned before and after use;
- Directional arrows must be placed where required (i.e. entry/exit of cloak rooms, etc.);
- Details of access / egress to washrooms, cloak rooms and the hall itself would depend on the layout of the hall and the specific requirements of the club. For example, if the washrooms are small a washroom pass system might be required. This would be detailed in the COVID-19 Safety Plan.

#### 8.5 The Club's Responsibilities

- Clubs will need to provide hand sanitizer and wipes at all activities (unscented);
- Clubs will need to have single use face masks available for dancers who forget / do not have masks;
- Clubs will need to explain to dancers how to put on and take off face masks (i.e. put it on / take it off without touching the inside / outside of the cloth portion);
- Clubs need to ensure washrooms at all facilities are properly equipped and supplied with sanitizer, soap, and water;
- Club executive members should lead by example by wearing masks, ensuring that proper mask techniques are taught and by enforcing the rules:
  - o Social distancing when masks are not being worn;
  - o Asking dancers to leave if they appear ill;

(Continued on page 31)

#### (Continued from page 30)

o Limit the numbers at the dance to the numbers allowed by the PHO, or the rules of the hall, whichever is less.

#### 8.6 Preparing For and During Dancing

- As 2 m distancing is impossible during a Square Dance, ALL dancers will be required to wear face masks ALL the all the time while at the dance;
- Some suggestion has been made that dancers might be able to dance in a square that is limited to only those within their "bubble" and therefore masks would not be required. But exercise can increase the distance that droplets can travel and air currents from hall ventilation systems can move the droplets so dancing with masks will be required for all dancers in all squares or two couple groups.
- 2 m distancing may be possible between couples during a Round Dance BUT dancers must dance with a partner who is within their "bubble" (i.e. no changing partners). Further, exercise can increase the distance that droplets can travel and air currents from hall ventilation systems can move the droplets – so dancing with masks will be required for all round dancers.
- As a minimum, all dancers must wash or sanitize their hands before starting each dance tip. More frequent washing, such as also after each dance tip is recommended. Washing or disinfecting hands after touching your mask, eating or drinking is required.
- All dancers must wear long sleeves to reduce forearm skin-to-skin contact.

#### 8.7 Callers/Cuers

- Callers could explore two couple dancing choreography which would be allowed under the current Phase 3 restrictions.
- Callers should consider using no-hands calls when possible (i.e. weave the ring instead of right left grand) this would reduce the frequency of contact slightly and therefore theoretically slightly reduce the chance of transmission, and may make some people feel more at ease;
- Callers should eliminate Swinging, the waist swing Do Sa Do, and hugs / "yellow rocks" for all dancers (including with partners, since you never know who are really partners from the same "bubble") to reduce proximity of faces;
- Callers/Cuers should reduce the speed / complexity of calls / figures to reduce exertion level of dancers, especially since they will be wearing masks;
- Cuers should announce that round dancers need to choose partners within their "bubble";
- Callers and Cuers will not be required to wear masks when they are calling/ cueing to the dancers as a mask would tend to muffle the instructions BUT callers and cuers must maintain social distance from all dancers or other callers/cuers while not wearing a mask. Early information suggests that singing can transfer droplets further than regular breathing and talking; therefore, as a precautionary measure, if a distance of 3.5 m between the caller / cuer and dancers cannot be achieved, a Plexiglas barrier must be used;
- Callers/Cuers must wear a mask when they are not calling/cueing (i.e. when

(Continued on page 32)



#### (Continued from page 31)

they are near dancers);

- Caller/Cuers should lead by example, teaching proper mask techniques monthly or weekly, as part of their program;
- All Caller/Teacher Associations need to stress to their membership that callers and cuers are the ambassadors of our activity in the new post-COVID-19 world and must act as exemplary representatives.
- Callers and Cuers must recognize that some dancers may feel anxiety as we return to dance. No dancers should be forced or otherwise coerced to attend dancers or to participate in any club activities nor forced to dance above their dance or comfort level.

#### 8.8 Breaks

- Common / shared food tables / coffee makers, etc. must be eliminated;
- Callers / cuers will need to use their own microphones and have a separate microphone for the club to use for announcements, etc. and ensure only one person uses each microphone;
- Chairs and tables must be arranged to allow for social distancing. Where space is limited, some of the dancers may have to stand. If standing, social distancing must be maintained;
- Water should be made available from a faucet or dispenser (no common jugs) with sanitizer available. Cups to be provided by the dancers. There should be only limited use of single use cups.
- No common use baskets of candies / mints can be available;
- Dancers should be encouraged to bring their own snacks and only share within their familiar bubble.

#### 8.9 Exiting the Hall

• When leaving the hall, social distancing must be maintained in the hall, at doorways, in cloak rooms and in the parking lot.

#### 8.10 Signage

Clubs will need to post signs telling dancers

- To wear face masks;
- To limit touching their faces;
- To stay home if they feel ill;
- To wash their hands often.

#### 9. The Role of the COVID-19 Return to Dance Committee

We are here to help you. The COVID-19 Return to Dance Committee has within its members the expertise that has developed COVID-19 Return to Work Plans in jurisdictions around the world and that have enabled essential services to remain working right through the pandemic. We can leverage this expertise to help all clubs develop a COVID-19 Safety Plan that meets the requirements of the PHO and WorkSafeBC. We will also watch the announcements and orders from the PHO and provincial government to assess any impacts on our activity.

(Continued on page 33)



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#### **10. Insurance Coverage**

We have received preliminary information that the Canadian Square & Round Dance Society (CS&RDS) Third Party Liability Insurance will remain in place into the 2020/2021 dance season. Ongoing liaison with the BC Square and Round Dance Federation ("BC Fed") and the CS&RDS is underway to ensure that the insurance will be in place, and if any changes related to COVID-19 will be enacted. We have also asked the BC Fed to contact the BC Government regarding the liability of clubs and the associations related to COVID-19. A recent Ministerial Order (MO183) placed limits on the liability of sporting clubs, associations, and their directors.

#### 11. What Can Clubs Do If They Wish To Return To Dancing

#### **11.1** Consider the Timeline

We don't expect that ANY club dancing can occur before January 2021. This estimate is based on:

- The need to wait for Phase 3 restrictions to be further relaxed
- Information received so far that indicate a number of the halls will not be ready to reopen until the fall at the earliest
- The time needed to:
  - o contact and get information from hall owners;
  - o assess the hall information with respect to club requirements;
  - o develop the club specific plan;
  - o secure the necessary supplies; and,
  - o provide dancers with information and answer their questions.

#### 11.2 Provide a Contact Person

Provide the COVID-19 Return to Dance Committee a contact to work with to develop a club specific COVID-19 Safety Plan. Clubs can send their contact person's name, phone number, and email address to the committee to Blair Wallace (valleycircle@shaw.ca).

Of course, the decision for a club to restart and/or to participate with the committee to participate with the COVID-19 Return to Dance Committee **remains with the club**. We are asking for a contact simply to enable us to know a club's intentions and as way to contact them if they choose to move forward.

#### **11.3 Poll Your Members**

Ask your club members if would they be willing to return to dancing if a COVID-19 Safety Plan is in place that, in part, requires:

- Non-medical masks must be worn while attending dances
- Square dancing currently limited to exclusive two couple groups for the entire event (until social groups are expanded)
- Social times that involve food sharing will be eliminated

Some dancers may be ready to dance now, while others may not want to return if they are required to wear a mask, while others will not be ready to return until a



(Continued from page 33)

vaccine is available. Remember that many of our dancers are in the most vulnerable group.

Please provide the feedback from your club members to the committee as this could help adjust planning.

#### 11.4 Obtain Information from Your Hall

If a club finds sufficient members are willing to attend dances under the restrictions of the COVID-19 Safety Plan, then clubs need to collect information about their halls including:

- Does the hall have a COVID-19 Safety Plan and if yes obtain a copy and determine what constraints does the hall's plan in place on user groups
- The date the hall will reopen.
- Does the hall have a capacity limit?
- Does the hall have rules regarding washroom capacities?
- Has the hall established any traffic flow patterns (e.g. established one-way flow in the cloak room and installed signs to indicate the direction)
- What state will the hall be at the start of a rental. (i.e. will they place chairs in the requested positions, will surfaces be sanitized).
- Get a floor plan for the facility so that the club can determine
  - o how many dancing groups can be accommodated while maintaining 2m between them;
  - o where tables and barriers will be installed; and
  - o if additional signage is required to control flow directions.
- Is any additional storage available for new equipment such as barriers and sanitizing equipment?

#### 11.5 Develop a Club and Hall Specific Safety Plan

Once you have the suggested information from your hall, the COVID-19 Return to Dance Committee will work with your club to assess the layout of the facility and help develop the club's COVID-19 Safety Plan by considering:

- The location of hand sanitizing stations.
- The location of physical barriers such as at the reception table, at the caller table, etc.
- Are there opportunities within a facility to share barriers between clubs or are barriers available at the hall?
- Developing and positioning of signage to direct traffic and to describe requirements for dancer conduct.
- Requirements for additional sanitizing equipment.
- Rules / requirements on washroom, cloak room and hall access and egress;
- The source and supply of masks, if the club decides to provide masks for people who arrive without them. Alternately, the club could establish a clear requirement that all dancers are expected to provide their own masks.

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#### (Continued from page 34)

- Development of an estimate of the initial cost of purchasing equipment (barriers...) and the ongoing cost of supplies such as sanitizing solutions, masks, etc.
- Explore the potential for clubs to share equipment (e.g. barriers) or even join forces to provide opportunities for us to "Get Back to Dancing".
- Develop the requirements for both pre-dance and post-dance activities and the numbers of people who would be needed to carry out the activities (i.e. cleaning, arranging equipment, chairs, tables, etc.).
- Develop the requirements for during-dance activities and the numbers of people who would be needed to carry out the activities (i.e. routine sanitizing, etc.).

#### 11.6 Discuss the Plan with Your Dancers, Callers & Cuers

All dancers must not only BE SAFE when they return, they must FEEL SAFE. This requires that clubs openly communicate with dancers about developing a COVID-19 Safety Plan, provide them with the written plan, encourage feedback and answer questions, put the plan in place, and ensure all steps are followed and enforced.

All dancers should be provided with a copy of the club's COVID-19 Safety Plan and members should acknowledge receipt of the plan by signing a "Return to Dance" summary of the COVID-19 Safety Plan or a "Participant Agreement".

Think about your last trip to the grocery store – Did you feel safe? Why? There was lots of signage. There was hand sanitizer available. There was staff wiping carts and basket. There was staff wiping cashier stands. There were barriers in place. There were direction arrows on the floor. There were dots or lines indicating safe spacing. We just need to adapt all this to our activity. If you did not feel safe – what was missing?



VALLEY CI	RCLE SUBSCRIPTIO	ON RATES
5	Circle is published 9 times	1 5
New sub	scriptions are accepted an	ytime.
The Valley Circle is eithe	er delivered to your Club o	r mailed to your home.
(The Summ	er Issue is mailed to all sul	oscribers).
	depends on the method of	
STARTING ISSUE	CLUB DELIVERY	HOME DELIVERY
October (1 Year)	\$12.00	\$24.00
February (1/2 Year)	\$ 6.00	\$12.00
Our subscription	year is from October thro	ough to September.
A subscript	ion form is on the opposit	e this ad.

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#### 11.7 Consider Your Club Finances

Even if a suitable facility is available, a club must examine the increased costs and the potential for a reduction in numbers of dancers and decide if it is feasible to resume dancing. Some factors to consider are:

- Numbers of dancers that are expected to return.
- Normal costs for hall rental, caller and cuer.
- Additional costs for new equipment and supplies.
- Opportunities to have clubs to dance together on a temporary or permanent basis.

The committee will work with the club to develop an estimate of the extra operating costs required by the COVID-19 Safety Plan such as hand sanitizer, masks, cleaning supplier, barriers, etc. The FVS&RDA is considering providing some assistance with these extra operating costs through bulk purchase discounts or limited funding, but the details need to be determined.

#### 12. Conclusion

The committee believes that we can develop a plan to enable us to return to dancing safely. It may seem like there is too much to do, but we believe we can all help each other and achieve this. Think about how things have changed in the past four months ...

Before the Pandemic	Now
we wandered anywhere we wanted in a grocery store	there are one-way signs that don't seem too daunting
we just walked into stores	we sometimes need to stand in lines and wait for our turn
we crowded into restaurants	we have Plexiglas barriers between us, sin- gle use menus, etc.
we were face-to-face with cashiers	there is a Plexiglas barrier between us
we recognized people had personal space	we call it being "Socially Distant"

None of this has been "too much". If others can do it - so can we.

Let's get to work and Get Back to Dancing safely.

We wish to thank the following committee members for their assistance in researching, writing, contributing to, and reviewing this plan to a plan:

- Dr. J. Blair Wallace (Chair)
- Brent Mawdsley (Region 2 Vancouver & District Caller)
- Don Allan (FVS&RDA Treasurer)
- Eva Matheson (FVS&RDA Social Convener)

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- Wendy Krueger (Region 2, BC Fed Secretary)
- Dennis Sutton (BCS&RDF VP)
- Kirk Rockerbie (Region 1 Lower Vancouver Island Caller)
- Bill Cave (Region 5)

## Upcoming Issues of the Valley Circle

Right now we don't have a clear idea of when we will be back to dancing. Based on the information we have available right now, I do not expect dancing will start until January of 2021. With this in mind, we will continue "publishing" Valley Circles according to the normal schedule but:

- We will not be <u>printing</u> a Valley Circle (available online only) thru to November 2020
- We will not be circulating the Club Directory Request forms in August;
- We will not by publishing a Club Directory in September;
- We will request the Directory information in November 2020;
- We will print a December 2020 issue and it will be mailed out;
- We will print a January 2021 issue with the Directory;
- We will not be selling subscriptions for the 2020/2021 dance year (we will extend the current subscriptions to September 2021);

The budget impacts on this plan are minor as we effectively will only have minor printing costs (I do print a few of each online issue, mail costs will be low). December mail will replace Summer 2020 mail), advertising income will be low as I haven't been billing for ads;

- BUT if clubs begin dancing before January 2021 – we will bill for ads – i.e. if the club is dancing – they will be billed.

This is the current plan – and it may be modified as more information is learned. So, in summary:

Online Issue (no ad billing for these issues):

- Summer 2020 Posted July 1<sup>st</sup>
- September 2020 Posted Sept 1<sup>st</sup>
- October 2020 Posted Oct 1<sup>st</sup>
- November 2020 Posted Nov 1<sup>st</sup>

Printed Issues (with ad billing):

- December 2020 Goes to print ~ Nov 20<sup>th</sup>
- January 2021 (with Directory) Goes to print ~ Dec 20<sup>th</sup>
- And then going forward.



#### ANNUAL DANCE REGISTER

SPECIAL EVENTS, SPECIAL HALL, SPECIAL NIGHT, HELD ANNUALLY ALL DANCES LISTED HERE WILL ALSO BE LISTED IN THE VALLEY CIRCLE-ONLINE Please Phone to Confirm Dates

Date	Dance/Event	Club Name	Hall	Contact
July 8 to 10,	21st Canadian National	FVS&RDA	Guidlford Sheraton	
2021	Square Dance Festival			

## COMING EVENT ADS

#### <u>2020</u>

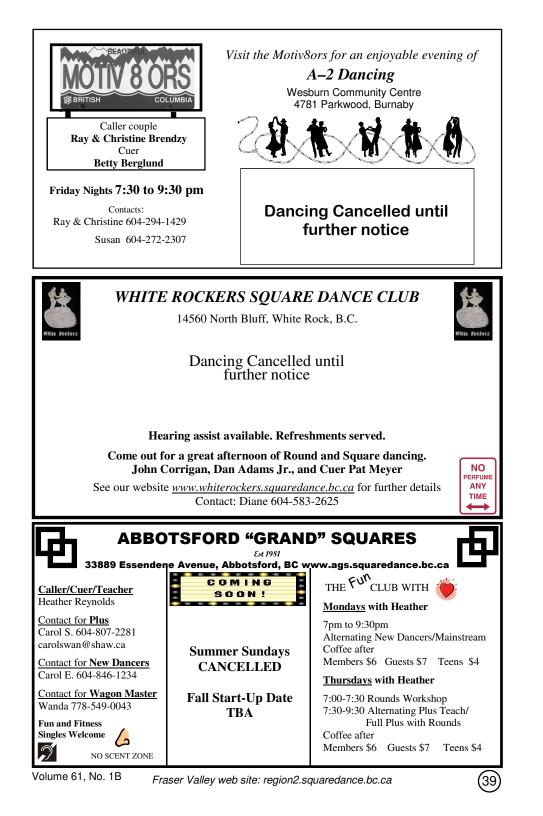
Sep 18	40th Anniversary Dance with the Fidalgo Fogcutters	16
Oct 22 Oct 25	Oktoberfest Plus Dance with the Stardowners Juvenile Diabetes Dance with Edlund's & Lucas'***RESCHEDULED TO 2021	
	dance listings are taken from <i>Special Ads</i> for dances, meetings, sales and other events of intere ers. For club events where <i>No</i> special ad was submitted, check the individual club and dance ads The Table of Contents is on the page 3.	

- Check before you go
- Fewer faces in bigger spaces
- If sick, stay home
- Wash your hands
- Keep a safe physical distance
- Come prepared, bring supplies
- Respect travel advisories

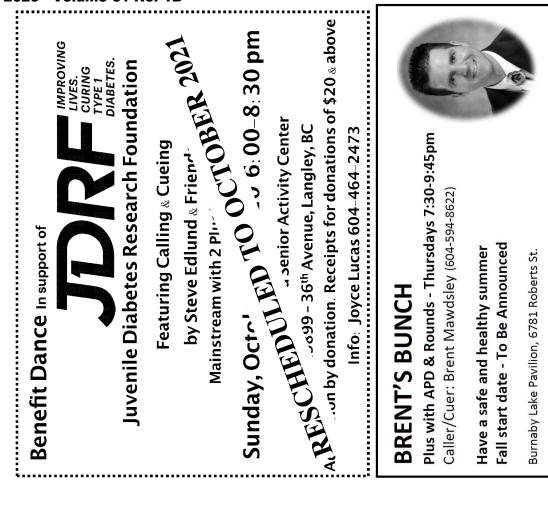


## SUBSCRIPTION ORDER

Name		&		Phone	
Last	Name	First Name	First Name		
Address					
	Number	Street	City	Province	e Postal Code
I would like	mv Valle	ev Circle delive	red to the	c	lub, or mailed
FVS&RI	DA, c/o B	lair Wallace, 18	3644—80th	Avenue, Surre	ey, BC V4N 4J1
Please make	e your che	que payable to	:		
I lease make		are & Round F	ance Asso	riation	
the Fraser V	aney Squ	are de Round L	ance 1 10000	ciucion.	







The Valley Circle - July/Aug 2020 - Volume 61 No. 1B